

# Cinagrit D Tablet

**Domperidone (15 mg) + Cinnarizine (20 mg) Tablet**

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## Composition

Each tablet contains:

- Domperidone – 15 mg
  - Cinnarizine – 20 mg
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## Description

This combination tablet contains Domperidone, a dopamine antagonist, and Cinnarizine, an antihistamine with antiemetic properties.

Domperidone works by blocking dopamine receptors in the brain and the gastrointestinal tract, improving gastric emptying and reducing nausea and vomiting.

- Cinnarizine is an antihistamine that prevents motion sickness and alleviates symptoms of vertigo by acting on the vestibular system in the inner ear and the central nervous system.
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## Indications

This combination tablet is indicated for the treatment of:

- Nausea and vomiting (due to various causes, including gastrointestinal disorders or medications)
  - Motion sickness
  - Gastroparesis (delayed gastric emptying) in some cases
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## Dosage and Administration

- **Adults:**
  - For motion sickness: Take 1 tablet 1 hour before travel. Additional doses may be taken every 6–8 hours if needed, but do not exceed 3 tablets in 24 hours.
  - For vertigo or dizziness: Take 1 tablet two to three times a day or as prescribed by your doctor.
- **Children (under 12 years):** The use of this combination in children should be under medical supervision.
- **Elderly:** Caution is recommended in elderly patients, especially those with liver or kidney dysfunction.

## Administration:

- Swallow the tablet whole with a glass of water.
  - Do not crush or chew the tablet to avoid irritation to the stomach.
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## Mechanism of Action

- Domperidone works by blocking dopamine receptors (D2 receptors) in the gastrointestinal tract, leading to

enhanced motility and accelerated gastric emptying.

- **Cinnarizine acts as an antihistamine, inhibiting the effects of histamine on the inner ear and the brain, which helps control symptoms of vertigo and motion sickness by stabilizing the vestibular system.**

- **Drowsiness or sedation**
- **Dry mouth**
- **Dizziness**
- **Headache**
- **Fatigue**

#### **Serious side effects (rare):**

- **Severe allergic reactions: Rash, swelling, difficulty breathing, or swelling of the face, lips, tongue, or throat**
- **Cardiac issues: Irregular heartbeat or chest pain**
- **Severe dizziness or loss of balance**

**If any of these serious side effects occur, seek immediate medical attention.**

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#### **Contraindications**

- **Hypersensitivity to Domperidone, Cinnarizine, or any other ingredients in this formulation**
- **Severe liver impairment**
- **Gastrointestinal bleeding, obstruction, or perforation**
- **Pregnancy: Not recommended unless clearly necessary. Consult your doctor before use during pregnancy.**
- **Children under 12 years: Use in children under 12 should be done only under medical supervision.**

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#### **Storage**

- **Store below 25°C in a cool, dry place, away from moisture and direct sunlight.**
- **Keep out of reach of children.**

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#### **Warnings and Precautions**

- **QT Interval Prolongation: Domperidone has been associated with a prolonged QT interval in some patients, which may increase the risk of life-threatening arrhythmias.**
- **Liver or Kidney Disease: Caution is advised when using this combination in patients with liver or kidney problems. Dose adjustments may be necessary.**

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**Note: Always follow your healthcare provider's instructions for use. Do not exceed the recommended dosage. If you experience any side effects or if symptoms persist, consult your doctor immediately.**

Manufactured in India for:

**Cafoli**<sup>TM</sup>  
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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#### **Side Effects**

**Common side effects may include:**